



## TEAM SKILLS

# Communication Improv

A fun and engaging way to help your team improve communication skills, brainstorming, and active listening.

## Overview

In this fun and high energy event, teams learn specific skills for team collaboration and brainstorming through a series of improvisation games. Teams practice a few improvisation techniques as taught by our staff which help improve brainstorming and collaboration. Small groups then practice their more effective communication skills by using them to come up with possible solutions to real problems facing them in the workplace.

## Goals

- ✓ Practice team collaboration and working with the unexpected.
- ✓ Develop better communication skills via listening and responding.
- ✓ Get to know team mates better.

## Rates

Download rate info here: [www.AtlantaChallenge.com/downloads](http://www.AtlantaChallenge.com/downloads)

*"The feedback from the group has been good. They really enjoyed the time with your team."* ~ **Southern Company**

## Details

### Program content:



### Length:

3 hours +/-

### Activity:

Light

### Location:

Indoors

### Group size:

10-50 people

### Includes:

Complete facilitation, participant handouts, project supplies and event photos.





# Communication Improv

## Agenda & Activities

**Welcome & Warm-Ups** (5-10 minutes) Atlanta Challenge staff greet the participants and briefly explain the flow of the communication training. We then lead some fun ice-breakers to get the group moving and ready to participate.

**Intro Challenge** (15-30 minutes) We jump right into the program with a thought provoking team activity that requires ideas and input from the entire group to solve. This gets the group engaged and thinking about what they want to get out of the program.

**Thinking Types Module** (30-45 minutes) Everyone is creative, just in different ways. This engaging activity helps participants identify what their creative qualities are, how they can be an helpful part of the team collaboration process, and how effective communication skills can bridge the differences between styles.

**Intro to Improvisation** (30 minutes) In this short segment, participants learn some of the basic foundations of improvisation. By understanding these few simple steps, they are better able to be effective at brainstorming and team collaboration in the workplace.

**Improv Games** (30-60 minutes) Teams participate in a series of fun but insightful games that build on the improv skills they learned to help develop listening, collaboration, and brainstorming. *Here are some samples:*

**Paying attention to others** This game teaches participants to pay close attention to the people in the group and what they are doing to help them better interact with others while collaborating.

**Build, Not Block** This game illustrates the importance of accepting other people's ideas and contributing to those ideas, instead of shutting others down and pushing a different agenda.

**Flexibility Story** In this fun activity, teams practice previous skills together: listening to what others have said, adding to the ideas, and helping the entire team be successful in creating something together.

**Collaboration Module** (20 minutes) Teams learn a simple but effective process for brainstorming and collaboration. This process, when combined with the improv techniques, allows a group to freely and effectively brainstorm ideas and solutions.

**Brainstorm Project** (20-30 minutes) Small teams come up with a list of specific issues in the workplace that are causing them stress, or a list of potential projects to implement. The team then brainstorms a variety of solutions to these challenges using the whole-brain collaboration tools and their improv techniques to ensure a wide variety of options to implement.

**Team Review & Wrap-up Activity** (5-10 minutes) The team shares their observations about how they performed, and how to apply their communication skills enhanced by these improv lessons to specific situations faced on the job. We end with a fun, but thought provoking activity and a great group picture.



# THINKING-STYLES DETAILS



**Overview** – The Thinking Styles Challenge is a fun, interactive way for teams to work together, gain insights into their own thinking styles and strengths, and better understand how different people can work together for maximum effectiveness.

**The Instructional Game** - The first step is an interactive card game where participants trade “most descriptive” adjectives on playing cards to better understand the whole-brain theory and how it applies to team interaction. This is a fun introduction to the model, and a way for participants to get to know themselves and their team mates better.

**Learning Module** - A short walk-through of the Brain Dominance Theory and content is presented to the group. Team members will better understand the 4 major processing areas of the brain and how they effect communication, creativity, brainstorming, problem solving and team success.

**Application Phase** - The final segment deals with practical applications of the whole brain model and how each individual’s contributions are essential to a successful team. The content is based on the focus of the program (teamwork, goals, change, etc.) and the specific needs of your group. Available topics include:

- ◆ Using Whole Brain Strategic Planning.
- ◆ Understanding the listener’s needs.
- ◆ Maximizing communication.
- ◆ Minimizing misunderstandings.
- ◆ Appreciating all thinking styles.
- ◆ Understanding leadership styles.
- ◆ Improving sales & customer service.
- ◆ Dealing with and managing change.

<p><b>Return On Investment</b></p> <ul style="list-style-type: none"><li>• Increased revenue (3 new clients, \$100 Million)</li><li>• Reduction of tech support call time over two months (27% and 39%)</li></ul>	<p><b>Return On Innovation</b></p> <ul style="list-style-type: none"><li>• Successful realization of CEO’s new vision</li><li>• Invention of new power system in 12 weeks</li></ul>
<p><b>Return On Initiative</b></p> <ul style="list-style-type: none"><li>• Improved efficiency thru alignment between sales managers and purchasing managers</li><li>• Safety record and results improved</li></ul>	<p><b>Return On Interaction</b></p> <ul style="list-style-type: none"><li>• Improved staff climate, personnel development and communication effectiveness</li><li>• Improved team performance -team become “model” in division</li></ul>

# ENHANCE YOUR TEAM BUILDING WORKSHOP

These add-on support options for Think Like A Team, Team RESPECT & Team Evolution will help your team maximize the impact of your event for long term success.



## Personal Strengths Profiles

Each participant receives a comprehensive personal thinking styles profile, giving them valuable information about how they communicate, learn, handle stress and more. As a team, they will learn how to combine their unique strengths to brainstorm, solve problems, and implement decisions more effectively than ever. Delivered in a fun hands-on way to ensure engagement and retention. Add to any workshop.

*\$125 per person*



## 90-Day Team Coaching

The 90-Day team coaching follow-up is a combination of three 45-minute monthly virtual follow up sessions, weekly team surveys and progress reports, and additional support materials as needed. This multi-faceted approach spread out over regular intervals helps the team stay focused on what is most important, improve in critical areas, and increase the team's productivity and satisfaction.

*\$950 per team*



## Teamwork Quest

In this 90-minute session, participants work through a series of hands-on teamwork activities to reinforce the key concepts covered in the original program, and measure their progress as a team.

Size	<12	12+	35+	50+	75+	115+	160+	225+
Rate	\$600	\$50	\$46	\$42	\$37	\$32	\$27	\$22

