



## TEAM SKILLS

# TEAM PLAYER

Discover what it takes to be a great team player, and work with others to be a great team.

## Overview

Being a team player is an important life skill! This program helps students clearly identify their strengths, and how to work with others to accomplish more than they could on their own. The program is a combination of interactive learning and hands-on activities that allow participants to explore their team style, and see the consequences of going solo versus working with the team.

## Goals

- Appreciating contributions of others
- Solving problems with team input
- Respecting and utilizing differences

## Rates

Group	<12*	12-34	35-49	50-74	75-114	115-159	160-224	225-300	300+
Rate	\$700*	\$59	\$55	\$51	\$47	\$43	\$39	\$35	call

\* Groups under 12 people use the flat rate listed. 12 or more are per person only.

## Details

### Program content:



### Length:

3 hours +/-

### Activity:

Light

### Location:

Indoors

### Group size:

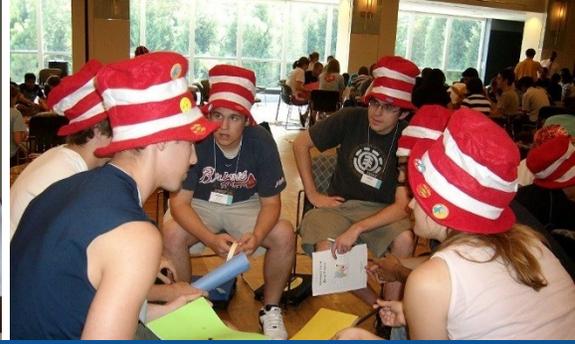
5-500 people

### Includes:

Complete facilitation, participant handouts, project supplies and event photos.

*"Your staff were all excellent, armed with great patience to handle our high energy group. All the boys had a really great time and learned a lot about themselves and their classmates." ~ Yeshiva School*





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## Agenda & Activity Descriptions

**Welcome & Warm-Ups** (10-15 minutes) An Atlanta Challenge facilitator welcomes the group and sets expectations for the workshop, then leads some fun activities that break the ice and help get everyone invested in the program.

**Intro Teamwork Challenge** (10-20 minutes) We jump right into the program with a thought provoking team activity that requires ideas and input from the entire group to solve. This gets the group engaged and thinking about what they want to get out of the program, and gets them talking about their individual strengths and how to combine them.

**Individual Strengths Exercise** (30-45 minutes) This is an interactive learning game where participants gain valuable insights into their own thinking and decision-making styles, and how to appreciate and utilize the styles of their team mates. Understanding everyone's strengths is key to working together effectively.

**Pressure Cooker** (20 minutes) Small teams come up with a list of specific experiences in school that are causing them stress. Each team then brainstorms a variety of solutions to these challenges using the whole-brain format to ensure a wide variety of options to implement.

**The Teamwork Compass**<sup>®</sup> (15-20 minutes) We lead a short interactive conversation about the key ingre-

dients of teamwork, how different team members have a stronger affinity for some of those ingredients, and how to bring them all together to be an unstoppable team.

**Final Teamwork Challenge** (20-30 minutes) This challenge continues to draw upon the team's ability to bring together each person's perspectives and combine them to create a successful outcome. The conversation afterwards reviews the individual strengths and how they helped the team find a solution. The specific activity selection is based on group size, time available, room layout, and the goals of the program.

**Wrap-up** (5 minutes) The group shares their observations and what they want to focus on going forward.

