



TEAM SKILLS

TEAM R.E.S.P.E.C.T.

A half-day workshop that will create a stronger sense of unity, re-establish trust, and build a culture of respect.

Overview

Through a series of hands-on projects, candid conversations, and interesting content, your team will improve conflict resolution skills, build stronger relationships, and trust each other more. These trust building activities help create an environment where everyone has a commitment to helping each other succeed and moving the team forward. This program focuses on the emotional intelligence of the team, and how to ensure the team dynamic is positive.

Goals & Objectives

- ✓ Develop a team “code of honor” that directs the team’s behavior.
- ✓ Build stronger and more respectful relationships within the team.
- ✓ Improve trust and open communication.

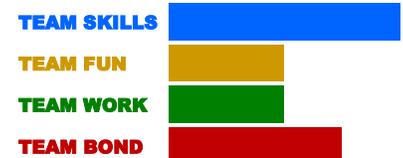
Rates

Download rate info here: www.AtlantaChallenge.com/downloads

“Our team was engaged and embraced the opportunity to build a stronger team through understanding of each other’s styles.” ~ **Panduit**

Details

Program content:



Length:

3 hours +/-

Activity:

Light

Location:

Indoors

Group size:

5-50 people

Includes:

Complete facilitation, participant handouts, project supplies and event photos.





TEAM R.E.S.P.E.C.T.

Agenda & Activities

Welcome & Warm-Ups (10 minutes) Atlanta Challenge staff welcome participants and set expectations and ground rules for the day's events. We then lead some fun warm-up activities that break the ice and get the group physically and emotionally involved.

Intro Teamwork Challenge (10-20 minutes) We jump right into the program with a thought provoking team activity that brings into focus the current interactions on the team. This helps the group see and understand what is going on, how it is impacting them, and how important it is to address those issues.

The Teamwork Compass® (15-20 minutes) We lead an interactive conversation about the key ingredients of teamwork, how different team members have a stronger affinity for some of those ingredients, and how to bring them all together to be a healthy team. We use this metaphor throughout the program to increase familiarity with this powerful tool, and create a culture of success.

The RESPECT Charter (30 minutes)

Relationships: appreciating everyone on the team.

Expectations: what is and is not appropriate on the team.

Support: creating a safe environment for each other.

Promises: holding each other accountable positively.

Empathy: seeing situations through each others' eyes.

Communication: open, honest and constructive.

Trust: knowing that everyone has the best of intentions.

Team Coaching (20-30 minutes) The group rates their current level of teamwork in these essential areas, and brainstorms a number of ways to improve the areas that are most critical. As a team, they commit to the strategy that they have agreed upon, and to holding each other accountable to that commitment for 30 days.

Final Teamwork Challenge (30 minutes) These hands-on activities are designed to act as trust building activities as well as help your team utilize their new understanding of "whole-brain" thinking and apply those lessons to make the team more effective. Many exercises are available based on the specific needs of your team.

Examples include:

Pull Together Participants transport a ball from the top of a stake to another stake about 30 feet away with half the team blindfolded, needing to trust the other half of the team. This initiative focuses the team on the importance of trust and supportive communication.

It's Not My Fault Everyone must maintain contact with the helium hoop while they lower it to the floor. Sound easy? Give it a try! This initiative will test your team's ability to solve problems without blame.

Closing Debrief & Wrap-up Activity (10 minutes) The group comes together to acknowledge accomplishments of the day and incorporate lessons into real life. We wrap up with a meaningful closing activity and team picture.



THINKING-STYLES DETAILS



Overview – The Thinking Styles Challenge is a fun, interactive way for teams to work together, gain insights into their own thinking styles and strengths, and better understand how different people can work together for maximum effectiveness.

The Instructional Game - The first step is an interactive card game where participants trade “most descriptive” adjectives on playing cards to better understand the whole-brain theory and how it applies to team interaction. This is a fun introduction to the model, and a way for participants to get to know themselves and their team mates better.

Learning Module - A short walk-through of the Brain Dominance Theory and content is presented to the group. Team members will better understand the 4 major processing areas of the brain and how they effect communication, creativity, brainstorming, problem solving and team success.

Application Phase - The final segment deals with practical applications of the whole brain model and how each individual’s contributions are essential to a successful team. The content is based on the focus of the program (teamwork, goals, change, etc.) and the specific needs of your group. Available topics include:

- ◆ Using Whole Brain Strategic Planning.
- ◆ Understanding the listener’s needs.
- ◆ Maximizing communication.
- ◆ Minimizing misunderstandings.
- ◆ Appreciating all thinking styles.
- ◆ Understanding leadership styles.
- ◆ Improving sales & customer service.
- ◆ Dealing with and managing change.



ENHANCE YOUR TEAM BUILDING WORKSHOP

These add-on support options for Think Like A Team, Team RESPECT & Team Evolution will help your team maximize the impact of your event for long term success.



Personal Strengths Profiles

Each participant receives a comprehensive personal thinking styles profile, giving them valuable information about how they communicate, learn, handle stress and more. As a team, they will learn how to combine their unique strengths to brainstorm, solve problems, and implement decisions more effectively than ever. Delivered in a fun hands-on way to ensure engagement and retention. Add to any workshop.

\$125 per person



90-Day Team Coaching

The 90-Day team coaching follow-up is a combination of three 45-minute monthly virtual follow up sessions, weekly team surveys and progress reports, and additional support materials as needed. This multi-faceted approach spread out over regular intervals helps the team stay focused on what is most important, improve in critical areas, and increase the team's productivity and satisfaction.

\$950 per team



Teamwork Quest

In this 90-minute session, participants work through a series of hands-on teamwork activities to reinforce the key concepts covered in the original program, and measure their progress as a team.

Size	<12	12+	35+	50+	75+	115+	160+	225+
Rate	\$600	\$50	\$46	\$42	\$37	\$32	\$27	\$22



ABOUT THE WHOLE-BRAIN PERSONAL PROFILES



Individual Thinking Styles Profiles

HBDI - The Herrmann Brain Dominance Instrument™ is the world's leading thinking style assessment tool. It identifies your preferred approach to emotional, analytical, structural, and strategic thinking.

How it works: The HBDI™ is a 120-question online diagnostic survey. Your answers indicate your thinking style preferences. Because it is a self-analysis, most people immediately recognize their results as accurate.

What you get from this: Your personal thinking preferences influence your communication, decision-making, problem solving, and management styles. Understanding your thinking style preferences gives you a new perspective of yourself and others you interact with everyday.

Each personal HBDI package includes:

- A full color profile packet.
- Accompanying materials that explain your profile in detail.
- A discussion of the implications that your profile has on you personally and professionally.

Not just another assessment tool! Over thirty-five years of research and innovation stand behind the validity of the HBDI™. It has been the subject of independent validations, dissertations, scientific papers and case studies. HBDI™ picks up where other assessment tools leave off.

\$125 per person

Team Thinking Styles Profile

A profile of the entire team is built from a composite of all the individual profiles. This in-depth team profile and analysis provides powerful input to the team leader while maintaining confidentiality.

Team Profile Includes: Visual and informational displays of how the team thinks, processes information and prefers to work. Instantly impactful, the result of this package is a powerful catalyst for discussion and in-depth understanding of team effectiveness, as well as the basis for improving communication and performance.

- Color data displays.
- In depth data analysis of your team.
- Views of members' similarities.
- Team strengths index.
- Potential points of conflict.

\$350 per team

