



TEAM R.E.S.P.E.C.T.

A half-day workshop that will create a stronger sense of unity, re-establish trust, and build a culture of respect.

Overview

This program focuses on the team's emotional intelligence and how to ensure the team dynamic is positive. Through a series of hands-on projects, candid conversations, and interesting content, your team will improve conflict resolution skills, build stronger relationships, and trust each other more. These trust-building activities help create an environment where everyone commits to helping each other succeed and moving the team forward.

Goals

- Identify areas within the team that can be improved with understanding.
- Develop a team “code of honor” that directs the team’s behavior.
- Understand and practice mutual respect and boundaries within your team.
- Improve trust and open communication.

Details

Length

3-4 hours

Venue

Indoors or virtual

Group size

5-500 people

Includes

- ✓ Professional facilitation.
- ✓ Impactful discussions.
- ✓ Application exercises.
- ✓ Research based materials.
- ✓ Digital review materials.
- ✓ Pre and post strategy sessions with leader.
- ✓ 30-Day follow-up session.

Rates

Venue	Base	11-200	200+
In-person	\$2,950	\$35	call
Virtual	\$2,450	\$15	call

First 10 people included in base rate.
Add profiles: \$145 per person.
Add 3-month mastermind: \$2,325

“Our team was engaged and embraced the opportunity to build a stronger team through understanding of each other’s styles.” ~ Panduit





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Agenda & Activities

Respect Survey Before the program, each participant will evaluate the team's level of trust and respect.

Pre-event Consult (30 minutes) The team leader and the facilitator review the group information and align on outcomes to ensure a successful program.

Welcome & Warm-Ups (10 minutes) Atlanta Challenge staff welcome participants and set expectations and ground rules for the day's events. We then lead fun warm-up activities that break the ice and get the group physically and emotionally involved.

Intro Teamwork Challenge (10-20 minutes) We jump right into the program with a thought-provoking team activity that focuses on the team's current interactions. This helps the group see and understand what is going on, how it impacts the team, and how important it is to address those issues.

The Teamwork Compass[®] (15-20 minutes) We lead an interactive conversation about the key ingredients of teamwork, how different team members have a stronger affinity for some of those ingredients, and how to bring them all together to be a healthy team. We use this metaphor throughout the program to increase familiarity with this powerful tool and create a culture of success.

The RESPECT Charter (30 minutes)

Relationships: appreciating everyone on the team.

Expectations: what is appropriate on the team.

Support: creating a safe environment for each other.

Promises: holding each other accountable positively.

Empathy: seeing situations through each others' eyes.

Communication: open, honest, and constructive.

Trust: knowing everyone has the best of intentions.

Team Coaching (20-30 minutes) The group rates their current level of teamwork in these essential areas and brainstorms several ways to improve. As a team, they commit to the strategy they have agreed upon, holding each other accountable for that commitment for 30 days.

Final Teamwork Challenge (30 minutes) This hands-on activity further develops trust within the team and highlights where the team needs to focus after the program.

Closing Debrief & Wrap-up Activity (10 minutes) The group acknowledges the day's accomplishments and incorporates lessons into real life. We wrap up with a meaningful closing activity and team picture.

Post-event Leader Consult (20-30 minutes) The program facilitator will talk with the team leader to share insights and suggestions for maintaining momentum afterward.

Virtual Group Follow-up (45-60 minutes) Approximately one month after the event, your facilitator will host a virtual follow-up session with the group to review key concepts, answer questions, discuss best practices, and assist with creating action plans.

